

The Way Up is Down

Word

Scripture Reference

Philippians 2:3-11

Discussion Questions

1. Jesus taught and demonstrated through His life that the way up is down. How is this contrary to the world's perspective on climbing the ladder of success and significance? What will be the effect in God's kingdom when His people are humble?
2. Looking at Philippians 2:3-8, how does Paul describe humility? What are the signs that pride is creeping in your heart? How do we humble ourselves like Christ? What habits are you practicing in order to safeguard yourself from pride and to keep you humble?
3. Our passage shows us how you can be humble like Christ:
 - a. *When you have an attitude towards self that results in proper actions towards others (v. 3).* What is the proper attitude towards the self? How should we regard our life in relation to being a follower of Christ? And how does this affect how you treat others?
 - b. *When we renounce self for the sake of others (v. 4).* What does it mean to renounce ourselves? Why is this very difficult to do as humans? In what way did Christ demonstrate this characteristic? How can you demonstrate humility in your workplace/school, home, and church?
 - c. *When we have a lowly attitude to lift others up (v. 5).* What is the basis of having a lowly attitude? How is it possible for believers to have a lowly attitude and at the same time be complete and significant in Christ? How have you set yourself

aside in order to lift others up this week? How can you do so this coming week?

- d. *When we yield any rights for the sake of others (v. 6-7).* How is yielding not a sign of weakness but of strength and good character? What does yielding our rights for the sake of others reveal about our faith in Christ?
- e. *When we serve others in obedience to God, even at a great personal cost.* Why is being humble always connected to serving others? In what ways have you served other people this week? Is there anyone in your life right now that you feel God is leading you to serve?

Walk

God has given us the perfect example to see and know what it means to be humble—our Lord Jesus Christ. This week, consciously choose to walk in humility just as our Saviour Jesus Christ did. Set your own interests aside and put others ahead of you. Choose to serve and be willing to do the dirty work even at a personal cost. Love and lift others up in the Lord. Be a blessing to many this week by choosing to walk the path of humility.

Worship & Prayer

Our gracious and loving Heavenly Father, thank You for showing us what it is to be humble through our Lord Jesus Christ. Empower us to live in humility and allow us to be of service to other people. May our lives be reflective of the life of our Saviour Jesus and may we be the difference to many other people who perhaps do not know You. We thank You, in Jesus' name. Amen.